

Steps to Develop a Workshop Title

1. Identify the Main Theme

- Think about the core topic or message of your workshop.
- Example: If your workshop is about diversity, equity, and inclusion (DEI), your theme could be “Building Inclusive Communities.”

2. Focus on Your Audience

- Consider what will appeal to your peers. A relatable, fun, or intriguing title is more likely to catch their interest.
- Example: Use language that resonates with high school students, like pop culture references or everyday experiences.

3. Use Action Words

- Make your title active and inspiring by including verbs or phrases that encourage participation.
- Example: Instead of "Diversity and Inclusion," try "Breaking Barriers: Building a More Inclusive School."

4. Keep It Short and Catchy

- Aim for a title that’s memorable and to the point. Avoid long, complex phrases.
- Example: "Stand Together for Inclusion" or "Voices of Change."

5. Add a Hook or Play on Words

- Use humor, rhymes, or wordplay to make your title stand out.
- Example: "From Cliques to Community" or "Inclusion: It’s Everyone’s Business."

6. Test It with Friends

- Share your title ideas with classmates to see which one grabs their attention or makes them curious.

Examples of Workshop Titles for High School Students

- “United We Stand: Building Bridges Across Differences”
- “Be the Change: Taking Action for Inclusion”
- “Breaking Barriers: A Path to Equity and Respect”
- “Your Voice, Your Power: Leading for Change”
- “Diversity 101: Understanding and Embracing Differences”
- “Stand Up, Speak Out: Creating a Welcoming School”
- “Open Hearts, Open Minds: Building an Inclusive Community”

Examples of Prior Workshop Titles from the Conference:

- **Last Year's Workshops**

- Food Insecurity In America
- The Real Struggles of Poverty
- Health Care Equity
- Yoga
- Youth Advocacy & Social Equity
- Environmental Factors on Mental Health
- Look In The Mirror
- The Power of Perspective
- Equity in Student Government
- Eating Disorders & Social Media
- Educational Equity
- Where Social Media & Mental Health Collide
- How Affirmative Action Affects Educational Equity
- The Importance of Ethnicity & Its History in Buffalo
- Scientific Exploration of Inequalities In Health Care
- Youth Power in Erie County
- Mental Health: Understanding Emotions, Stress Management and Healthy Relationships
- Racial Disparities in the US Healthcare System
- Media Coverage: Is Everyone Press-Worthy?